

Two by Two[®]

CHARACTER DEVELOPMENT

Kindhearted Kids

Pet Journal

Adventure
Activities



Our Vision

Inspiring children to be kindhearted
to all living things.

Building Character... Changing Lives

Frita belongs to: _____

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SIXTH EDITION

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For more information about Two by Two® Character Development, a nonprofit organization committed to developing people of good character, please go to:
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Dear Parents,

Two by Two® Character Development is a Midwest-based nonprofit organization formed in 2005 by educators who saw **the importance of building a culture of character within our society**. With **character education at the heart of our mission**, we are accomplishing our goals in the classroom by teaching youth how to be more compassionate and caring toward each other, animals, and the world around them through the *Kindhearted Kids Program*.

The goal of the *Kindhearted Kids Program* is to creatively bring ALIVE the positive character attributes our young people possess by including animals and the environment in the learning process. In our experience, there is no greater teacher than the natural love a child has for an animal and the outdoors. By introducing heartfelt lessons that address **kindness, respect, responsibility, empathy, and citizenship**, our youth and families learn to make **positive decisions**; as well as being **compassionate** and **empathetic** to animals, the environment, and ultimately, to themselves and other people.

With support from positive advocates like you, we are able to spread social-emotional and character development skills across the nation. We hope your family enjoys participating in the *Kindhearted Kids Program*!

Sincerely,

Kristin Woodward-Vaassen
Educator/Founder



Kindhearted Kids

PROMISE

I promise to care for all living things
With **KINDNESS, RESPECT**, and **EMPATHY!**

I will use my head, heart, and help others

As I **RESPONSIBLY** care for people,
animals, and the environment.

Because...

I am a **KINDHEARTED KID!**



Cat Profile



Name:
Frita

Age: 11 Months
Breed: Medium Hair

Gender: Female
Size: Small Kitten

How We Found Frita

Two by Two got Frita from animal control. An animal control officer found this kitten trying to cross the street. She had no collar or identification tags.

What is Frita Like?

Frita is:

- Friendly, gentle, and affectionate
- Outgoing, super active
- Vocal, loves to talk!
- Enjoys sitting on laps and being petted
- Good with children, cats, and gentle dogs

Medical History

Frita has all her shots (vaccinations), but she will need flea medication regularly. When she was found, she had a lot of fleas, and this gave her a skin problem. She needs a special medicine that goes on her skin. You need to put this medicine on her every day until her skin gets better.



*Scan to hear Frita's
profile read aloud!*

Lesson 1

Kindhearted Kids Practice KINDNESS

INFORMATION FOR PARENTS/GUARDIANS

Today your child began Two by Two's Kindhearted Kids Adventure. The magical moment of the lesson was when every child received a stuffed pet! Throughout the adventure, students will care for their cat or dog and practice the social-emotional skills taught in the Kindhearted Kids Lessons.

In today's Kindhearted Kids Lesson, we talked about **KIND and UNKIND words and actions**, and how those words and actions can make us feel. We also discussed how using **KIND** words and actions toward all living things (people, animals, the environment) affects others.

KINDNESS:

Being friendly and helpful toward all living things.

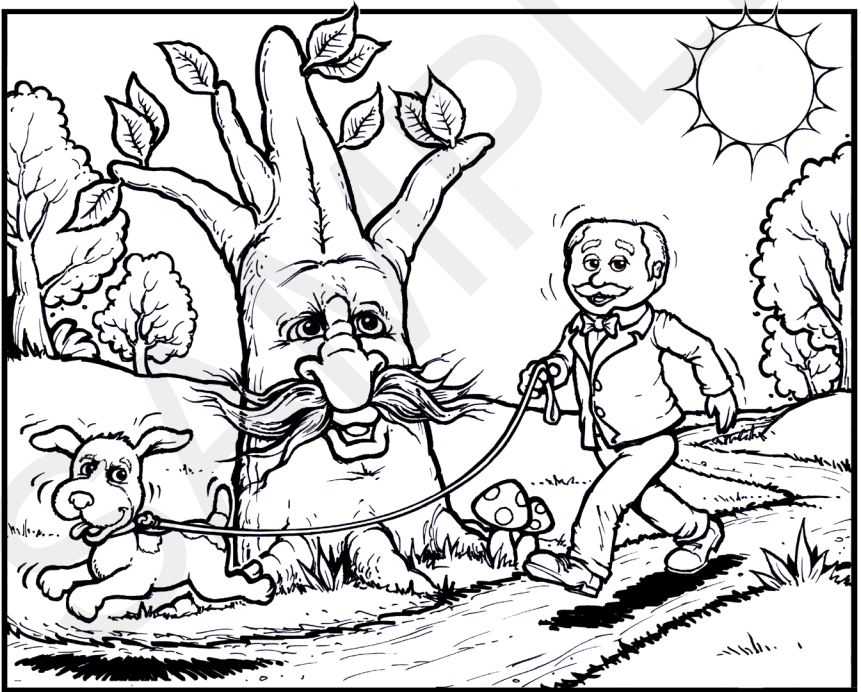
ADVENTURE ACTIVITIES

At the end of the lesson, your child was given some Adventure Activities. Please take a few moments to review these activities with your child and continue the discussion of how **KIND and UNKIND words and actions** can affect others. When we use **KIND** words and actions toward all living things, we are being...**KINDHEARTED KIDS!** (AND ADULTS!)



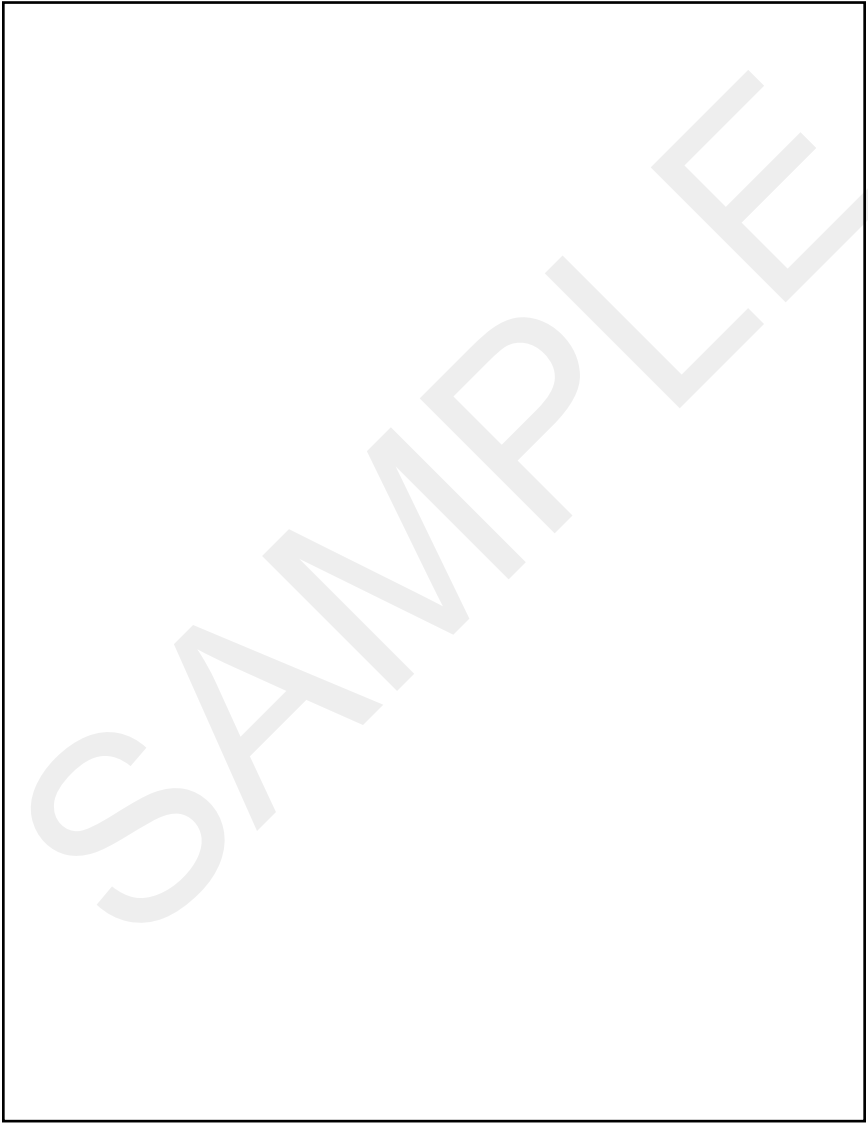
Lesson 1

Adventure Activities



Activity 1: DRAW a picture showing KINDNESS

Directions: Draw a picture showing how you are **KIND** to your **Two by Two pet**. To draw a quality picture, use the ABCD checklist: *A - Accurate; B - BIG; C - Colorful; D - Detailed*



KINDNESS Definition:
Being friendly and helpful toward all living things.

Activity 2: Feeling Faces Chart

Directions:

- Circle the face that matches the feeling you had when you met your pet.
- △ Make a triangle around the face that matches the feeling you had while caring for your pet every day.
- ✓ Put a check-mark next to the face that matches how you think your pet feels about their new home.



You've completed Lesson ONE. GOOD JOB!